



# Health Advocates Help You Navigate Your Healthcare Needs

My Benefits. My Life.



*This benefit is available to you and your covered dependents at no additional cost and could even help you save money through the Member Rewards program.*



**Get Started Today**

[bcbsil.com/foundations](https://bcbsil.com/foundations)



1-877-224-9598

A Health Advocate from Blue Cross and Blue Shield of Illinois (BCBSIL) can help you:

- Understand how your benefits will cover a medical procedure
- Answer questions about a benefit claim
- Find a doctor
- Schedule appointments

Health Advocates help with pre- or post-surgery care or managing a chronic health condition (like coordinating care for diabetes treatment with your doctor, pharmacist and other care providers).

## Member Rewards

Shop for your health care services and save money! Using Member Rewards could help lower your out-of-pocket costs and help you get a cash reward from BCBSIL.